

Manage your career

The compelling combination of improving market conditions and the annual New Year life evaluation will see many employees looking to pastures new. A CIPD poll revealed that a third of workers would consider changing jobs in the New Year – so if you're one of them how can you position yourself for the best results in 2010? Corinne Mills, MD of Personal Career Management, recommends:

- 1 Learn the art of self promotion.** Feel comfortable talking about your achievements and portray yourself as someone who is an asset to their organisation. If you are lacking confidence in your own abilities then why should anyone else have confidence in you.
- 2 Be proactive.** If you wait for the perfect opportunity to land in your lap you could be waiting forever. Speak to your manager and HR department about career possibilities, invest in training yourself if necessary, organise your own relevant work experience, ring up potential employers.
- 3 Cultivate your networks.** Talk to business and social contacts, family and friends. Research shows that networking significantly enhances the likelihood of career success. Nobody will give you a job just because they know you, but your contacts can offer valuable advice, feedback and even potential opportunities.

